

mindest Voraussetzungen						
Graduierung	Einheiten	Monate	Ver. Lehrgang	nat. Lehrgang	int. Lehrgang	Gebühr
5. kyu	40	6				Dojo-Grad
4. kyu	40	6				Dojo-Grad
3. kyu	50	9	x			Dojo-Grad
2. kyu	50	9	x	x		Dojo-Grad
1. kyu	60	12	x	x	x	Dojo-Grad
1. dan	60	12	x	x	x	IMAF-Kokusai

5. Kyu			
tachi waza			
	hanmi		
	tai sabaki		
	ukemi		
katate dori	tai no henko	kihon	
katate dori	tai no henko	ki no nagare	
morote dori	kokyu ho		
katame waza			
katate dori	dai ikkyo	omote & ura	
shomen uchi	dai ikkyo	omote & ura	
nage waza			
katate dori	shiho nage	omote & ura	
shomen uchi	irimi nage		
suwari waza			
ryote dori	kokyu ho		
buki waza			
	7 ken suburi	1 - 5	
	20 jo suburi	1 - 5	

4. Kyu			
tachi waza			
katame waza			
yokomen uchi	dai ikkyo	omote & ura	
katate dori	dai nikyo	omote & ura	
morote dori	dai nikyo	omote & ura	
nage waza			
katate dori	kokyu nage		
ryote dori	Kokyu nage		
ryote dori	shiho nage		
yokomen uchi	shiho nage	omote & ura	
katate dori	Irimi nage	chudan	
katate dori	kote gaeshi	ai-hanmi	
suwari waza			
ryote dori	a kokyu ho		
shomen uchi	dai ikkyo	omote & ura	
buki waza			
	7 ken suburi	1 - 7	
	migi no ken awase		
	hidari no ken awase		
	20 jo suburi	1 - 10	

3. Kyu			
tachi waza			
katame waza			
muna dori	dai ikkyo	omote & ura	
kata dori	dai nikyo	omote & ura	
katate dori	dai sankyo	omote & ura	
shomen uchi	dai sankyo	omote & ura	
nage waza			
yokomen uchi	kokyu nage		
sode dori	kokyu nage		
shomen uchi	shiho nage	omote & ura	
morote dori	shiho nage	omote & ura	
muna dori	irimi nage		
chudan tsuki	irimi nage		
shomen uchi	kote gaeshi		
chudan tsuki	kote gaeshi		
suwari waza			
morote dori	kokyu ho		
kata dori	dai ikkyo	omote & ura	
shomen uchi	dai nikyo	omote & ura	
buki waza			
	a 7 ken suburi	1 - 7	
	a migi no ken awase		
	a hidari no ken awase		
	happo giri		
	go no ken awase		
	shichi no ken awase		
	a 20 jo suburi	1 - 10	
	31 jo kata		
	roku no jo awase		

Aikido Kyu-Prüfungsprogramm

Iwama-ryû Takemusu-aiki Kokusai-budôin-ha

岩間流武生合気国際武道院派

Mitglied im Nordrhein Westfälischen Aikido Verband e.V.

(a = alternative Prüfungsanforderung)

Stand: Februar 2010

2. Kyu			
tachi waza			
katame waza			
ushiro ryote dori	dai ikkyo	omote & ura	
shomen uchi	dai nikyo	omote & ura	
yokomen uchi	dai sankyo	omote & ura	
kata dori	dai sankyo	omote & ura	
katate dori	dai yonkyo	omote & ura	
yokomen uchi	dai yonkyo	omote & ura	
nage waza			
ushiro katate muna dori	kokyu nage		
ushiro ryokata dori	kokyu nage		
ryote dori	tenchi nage		
katate dori	tenchi nage	gyaku hanmi	
shomen uchi	koshi nage		
ryote dori	koshi nage		
katate dori	kaiten nage	uchi	
katate dori	kaiten nage	soto	
shomen tzuki	shiho nage	omote & ura (soto)	
kata dori	irimi nage		
tzuki	kote gaeshi	gyaku hanmi	
suwari waza			
yokomen uchi	dai nikyo	omote & ura	
shomen uchi	dai sankyo	omote & ura	
shomen uchi	dai yonkyo	omote & ura	
hanmi handachi waza			
katate dori	shiho nage	omote	
ryote dori	tenchi nage		
buki waza			
	a 7 ken suburi	1 - 7	
	a migi no ken awase		
	a hidari no ken awase		
	a happo giri		
	a go no ken awase		
	a shichi no ken awase		
	5 kumi tachi	1-2	
	a 31 jo kata		
	a roku no jo awase		
	20 jo suburi	1 - 10 / 14 - 18	
	13 jo kata		

1. Kyu			
tachi waza			
katame waza			
ushiro ryokata dori	dai ikkyo	omote & ura	
ryote dori	dai nikyo	omote & ura	
ushiro ryokata dori	dai sankyo	omote & ura	
shomen uchi	dai yonkyo	omote & ura	
yokomen uchi	dai gokyo	ura	
nage waza			
ushiro ryote dori	kokyu nage		
ushiro eri dori	kokyu nage		
ushiro ryote dori	shiho nage	omote & ura	
kata dori	shiho nage	omote & ura	
yokomen uchi	kote gaeshi		
ushiro ryote dori	kote gaeshi		
ushiro ryote dori	koshi nage		
yokomen uchi	irimi nage		
ushiro ryote dori	juji-garami		
muna dori	juji-garami		
suwari waza			
yokomen uchi	dai sankyo	omote & ura	
kata dori	dai yonkyo	omote & ura	
yokomen uchi	dai gokyo	ura	
hanmi handachi waza			
shomen uchi	irimi nage		
katate dori	kaiten nage	uchi	
katate dori	kaiten nage	soto	
jiyu waza			
ichi ningeki	randori		
buki waza			
	a 7 ken suburi	1 - 7	
	a migi no ken awase		
	a hidari no ken awase		
	a happo giri		
	a ken go no awase		
	a ken shichi no awase		
	5 kumi tachi	1 - 5	
	a 31 jo kata		
	a roku no jo awase		
	20 jo suburi	1 - 20	